

TNT LOS ALAMOS

INVITATIONAL TRACK AND FIELD MEET

ALL-COMERS INVITED AND WELCOME!

Sanctioned by the New Mexico USA Track and Field Association

DATE: Sat., June 15, 2002 **TIME:** 9:00am

MEET DIRECTOR: David Hampton **LOCATION:** Sullivan Field

MAIL OR FAX ENTRIES BY 6/12/02; MAKE CHECKS PAYABLE TO:

TNT LOS ALAMOS
845 Kristi Lane
Los Alamos, NM 87544-2868

Tel: (505)(H)662-7028, (W)667-1915
Fax: (505) 662-9558
email: dhampton@lanl.gov
Website: eteamz.com/tnt

ENTRY FEES:

Fees Per Athlete	
One Event - \$2.50	Two Events - \$3.50
Three Events - \$4.50	Four Events - \$5.50
Relay Teams - \$4.00	

DIVISIONS:

Sub-Bantams (1994 - 1996)
Bantam (1992 - 1993)
Midgets (1990-1991)
Youths (1988-1989)
Intermediates (1986-1987)

Young Men/Women (1984-1985)
Open (Ages 19-29)
Sub-Masters (Ages 30-39)
Masters (Ages 40 & up; in 5 year increments)

AWARDS:

Individual ribbons for 1st through 6th place
Four relay ribbons per place
Participation ribbons for all other finishers

FACILITIES:

There will be a concessions stand and restrooms available at the track.

ORDER OF EVENTS ON REVERSE SIDE

SCHEDULE OF TRACK EVENTS

8:30 am	400MH	IG, IB, YW,YM, OW, OM, SMW, SMM, MW, MM
	200MH	YG,YB
	1600M RELAY	ALL AGE GROUPS
	3000M/5000M	MG, MB, YG,YB, IG, IB, YW, YM, OW, OM, SMW, SMM, MW, MM
	3000M RW	YG,YB, IG, IB, YW, YM, OW, OM, SMW, SMM, MW, MM
	100M	ALL AGE GROUPS
	800M	ALL AGE GROUPS
	110MH	IB, YM, OM, SMM, MM
	100MH	YG,YB, IG, YW, OW, SMW
	80MH	BG, BBMG, MB, MW
	BREAK	LOLIPOP DASH (BELOW SUB-BANTAM)
	400M RELAY	ALL AGE GROUPS
	1500M RW	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM, OW, OM
	400M	ALL AGE GROUPS
	1500M	ALL AGE GROUPS
	200M	ALL AGE GROUPS
	3200M Relay	ALL AGE GROUPS

SCHEDULE OF FIELD EVENTS

9:00 am	LONG JUMP	ALL AGE GROUPS
	TRIPLE JUMP	YG,YB, IG, IB, YW, YM, OW, OM, SMW, SMM, MW, MM
9:00 am	HIGH JUMP	BG, BB, MG, MB, YG,YB, IG, IB, YW, YM, OW, OM, SMW, SMM, MW, MM
	POLE VAULT	YG, YB, IG, IB, YW, YM, OW, OM
9:00 am	SHOT PUT	ALL AGE GROUPS [SUB-BANTAMS WILL THROW A 4-LB. SHOT
9:00 am	DISCUS	MG, MB, YG,YB, IG, IB, YW, YM, OW, OM, SMW, SMM, MW, MM
	JAVELIN	YG, YB, IG, IB, YW, YM, OW, OM, SMW, SMM, MW,MM
	MINI-JAVELIN	SBG, SBB, BG, BB, MG, MB

EVENTS WILL BE RUN YOUNGEST TO OLDEST, FEMALE TO MALE [HJ, LJ and TJ will be run in sections split by age and gender. PV and all throws will be "open pit". Throws and LJ/TJ will get four attempts, except for sub-bantam and bantam LJ and mini-jav who will get three attempts

DIRECTIONS: Take S.R. 502 to Los Alamos. Soon after you pass the airport the road will split. Take the left fork which will put you on Trinity. Go all the way through the business area and turn right at Diamond Dr. [the hospital, LA Medical Center, will be on your left]. Turn left at the next stop light into the parking lot for Sullivan Field. Sullivan Field is across the street from Los Alamos High School.